

The Diversity of Love Journal

Polyamory Appears to Be a New Form of Love

Article published on [June 30, 2024](#) by [Victor Karandashev](#)

There is some evidence that polyamory appears to be a novel alternative to traditional monogamous romantic love. Polyamory is on the rise in many modern societies. Why so?

Let's consider what Americans think about polyamory and polygamy.

What Is Polyamory and Why?

Polyamory refers to the practice of willingly and openly engaging in relationships with more than one romantic partner at the same time, with the full awareness and consent of all parties involved.

Approximately 55% of Americans express a preference for exclusive monogamy in their relationships, while a significant number of adults are inclined towards various forms of non-monogamy.

Nevertheless, [according to a YouGov survey from February 2023](#), among American adults, 34% say they would prefer some type of relationship other than complete monogamy if given the choice. It is especially evident among people under the age of 45.

[A significant number of Americans have already engaged in various forms of non-monogamy](#), either with the explicit agreement of their main partner or without it.

Monogamy, Polyamory, or Polygamy? Any Alternatives?

Many Americans have already engaged in some type of alternative to monogamy, whether that took place with the consent of their primary partner or not.

Among those respondents, 12% of Americans said that they have been involved in sexual activity with someone other than their primary partner with their primary partner's consent, while 20% of adults did so without the consent of their main partner. In both cases, men are more likely than women to have had sexual encounters outside of their relationship.

About 67% of Americans indicated that they would not consent if their partner expressed a desire to participate in sexual activities with another person. However, approximately 20% of Americans indicate that their level of comfort is contingent upon the circumstances, while a mere 5% express acceptance of such a polyamory scenario.

Shall We Accept Polygamy?

Polygamy refers to the practice of having more than one spouse simultaneously. It seems similar to polyamory, yet polygamy is more legal than a relational term. [According to the YouGov survey from February 2023](#), Americans consider polygamy to be the least acceptable. A majority of Americans, specifically 68%, are against the legalization of polygamy. However, individuals between the ages of 18 and 29, with a percentage of 52%, are comparatively less inclined to oppose it.

While the majority of Americans oppose the legalization of polygamy, approximately half of them either believe that it will be legalized within

the next 50 years (18%) or are unsure about its future (30%).

Approximately 52% of respondents believe that it will not be legalized within the next five decades.

See other articles on related topics in the rubrics of [online](#)

[dating](#), [romantic love](#), [sexual love](#), [single people](#).