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Why People Love Romantic Comedies

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Why are romantic comedies so popular among people? Do their narratives reflect men's and women's love?

Romantic comedies, also known as rom-coms, are among the most popular film genres. However, they have often been criticized for not being serious enough and for distorting people's perceptions of love.

Anthropology of Romantic Comedies

Marianne Gabrielsson, a student from the School of Global Studies at University of Gothenburg studied these questions from an anthropological perspective. She explored:

- Why do people watch romcoms?
- In what way do people embody love as portrayed in romcoms?
- How can we relate people's perceptions of love to the romcom genre?

What the Study Revealed

Thus, according to the recent study conducted by Marianne Gabrielsson,

- Romantic comedies have psychopharmacologic functions in the sense of *escapism*.
- People embody romcoms in terms of *EPIC love*, *disappointment*, *fear*, *non-realistic demands*, *resignation*, *false happiness*, or *joy*.
- Romantic comedies are often negatively loaded with *ideals*,
 traditionalism, stereotypes, and conformity.

The Functions that Romantic Comedies Have in People' Lives

The concept of escapism serves as an indicator of underlying societal issues, wherein romantic comedies are often depicted as a potential solution rather than a contributing factor to these problems.

Paradoxically, romantic comedies present this solution in a stigmatized, negative tone, causing feelings of shame, blame, and belittleness, contextualizing romcoms as a 'guilty pleasure' for the female consumer.

As a result of this paradox, culture continues to rewrite cultural norms and reinforce stereotypes, reproducing the outdated idea of *the Other*. This way, romantic comedies divide people into intellectual, serious, and pragmatic consumers and the rest: the naive and stupid consumers of banal and superficial depictions of love.

This suggests a shift in the focus of discourse from a widely shared sentiment of love to a more practical and rational approach.

Nevertheless, the study found that love is related to pragmatism, disappointment, and love *always being for someone else*. The author conducted the interviews that revealed a prevalent views of love as

aspirations, dreams, and a desire for a love that transcends societal norms and expectations.

Conclusions of the Study

The author concludes that the complexity exhibited by romantic comedies presents a promising path for future academic research. Within this realm, three specific aspects have emerged as particularly intriguing subjects of study:

- 1) The phenomenon of culture consumption encompasses various forms such as film, literature, music, and social media. And it has its significant impact on society.
- 2) The persistent practice of rewriting culture is an ongoing process that shapes and reshapes societal norms and values.
- 3) Within the field of anthropology, there exists a notable gap in the discourse surrounding the potential universality of love as a human experience.

See other articles on related topics in the rubrics of communication of emotions, how to love, interpersonal perception in love, literary studies of love, modern love studies, romantic love.